



HOLIDAY CAMP HANDBOOK

Winter and Spring Break Sessions



WHAT TO BRING

Campers should bring a backpack each day with the following items: Labeled bagged lunch, water bottle, change of clothes (Nursery & PreK). Rolling River will provide AM and PM snack. Do not bring in any personal toys or electronics. Please label all items!

ATTIRE

Campers should wear comfortable layered clothing, sneakers and socks. Clothing may get dirty from outdoor play or crafts projects! Please also send in an appropriate jacket for outdoor play based on the weather.



ARRIVAL

Arrival is between 8:45 and 9:05am. Pull into Main Parking Lot and enter drive-thru lane. Supervisors will take campers out of the car and counselors will escort campers to their arrival classrooms. Please exit the Parking Lot when told by Supervisor. Drive slowly as many campers are in the lot!



ACTIVITIES

Campers will be assigned a group based on their grade. Each group will have between 10 - 20 campers with 1 adult head counselor and 2-3 assistant counselors or CITs. Groups will remain consistent throughout the week. Each group will receive a schedule for the day. Activities include gym games, tech lab, arts and crafts, gymnastics, game room, and more. Most days will also feature at least one sponsored activity such as martial arts, yoga, dance, music and DJ dance party. Campers in grades Pre K and up will go on a field trip to 5 Star Gymnastics across the street several times during the week.

DINING

Rolling River provides a morning snack, afternoon snack and water or juice. Parents are responsible for sending a cold, bagged **NUT FREE lunch**. Please label lunches with camper's first and last name. Lunch will be stored in a refrigerator until assigned lunch time. Please let our Supervisors know if your child has any other dietary needs (gluten free, etc).



HEALTHCARE

There will not be a nurse at Holiday Camp but all Supervisors are trained in First Aid/CPR. A medical log will be kept of any illness or injury and parents will be contacted if necessary. Do not send your child to Holiday Camp if they have a fever of 100 degrees or higher or if they have any additional symptoms of illness. If your child has an EPI-PEN or other medication, please label in original packaging and give directly to a Supervisor with written directions. Medication will be securely stored in the Main Office.



DISMISSAL

Half Day Dismissal Time: 12:50-1:00pm

Full Day Dismissal Time: 3:45-4:05pm

Parent/guardians are not permitted into the building during Holiday Camp. (Remember to place the "Pick Up Placard" with your child's name in your dashboard to expedite pick up. A placard template can be found on the last page of this handbook.) Pull into drive-thru lanes and remain in the car. A Supervisor will approach the car and parent/guardian will sign out their camper. The Supervisor will alert the Main Office and counselors will escort children to the car. To provide an efficient and safe dismissal, follow directions from Supervisors for when to leave the lot.

GRATUITIES

Gratuities for Holiday Camp Staff are much appreciated. Please label envelopes with staff name (names will be emailed home).

Head Counselor: \$25-\$35

Asst. Counselor: \$15-\$25 CIT: \$10-\$20



CONTACT

Main Office - Camp@rollingriver.com

Chrissy Osgood - Events@rollingriver.com

(516) 593- CAMP (2267)

Pictures will be posted daily on
[Facebook.com/rollingriver](https://www.facebook.com/rollingriver) and
[@rollingriverdaycamp](https://www.instagram.com/rollingriverdaycamp) on Instagram



PICK UP/DROP OFF CAR PLACARD

Print Out this Sheet

Write your Child(ren)'s Name Below in Large, Clear Letters

Place Sheet in your Dashboard for Arrival and Dismissal

CAMPER NAME(S):